## HOW TO BE A GOOD DOM Quick-Start Guide

- Always make sure that the sub is satisfied not just sexually, but emotionally and physically too.
- Strive to be an Alpha, and exercise control in all things.
- Take great pride in the health of your body, home, vehicles, and job, knowing these all reflect on you.
- A Dom can get mad and angry but they should always strive to keep their temper, and apologize when they make a mistake.
- Maintain a stable and safe environment in which the sub may perform their duties in service to you.
- A Dom should be fit, have good hygiene, be well dressed, and not sloppy.
- Doms should have good posture and stand tall.
- When speaking, talk confidently and be direct and assertive.
- Punishments, rituals, and protocols are usually necessary to help guide and correct a sub.
- Train a sub by molding them to be a better version of themselves.
- Behavior modification of the sub is achieved through maintaining structure and order.
- Always remember that true dominance is not just a role, it is a way of life.